NWOSSAA SWIMMING
CHAMPIONSHIPS

Playing Regulations – Adopted May 2014

1. **Date:**

   The NWOSSAA Swimming Championship shall be held during the third week of Semester 2. An attempt will be made to schedule the meet so that it does not conflict with Junior Nationals, or any other major Club meet.

2. **Meet Structure:**

   a) The NWOSSAA Swimming Championship shall provide competition in the High School and OPEN divisions, as defined in OFSAA Swimming Playing Regulation 3(a).
   b) Events shall be the same as the OFSAA events as defined in OFSAA Swimming Playing Regulation 3(b), with the addition of 50 m butterfly, backstroke and breast-stroke, for both High School Juniors and Seniors, if these events are not part of the OFSAA event structure.
   c) All events are timed finals.
   d) The order of events shall be: 200 Medley Relay; 200 Freestyle; 50 Freestyle; 100/200 I. M.; 50/100 Fly; 100 Freestyle; 50/100 Back; 50/100 Breast; 400 Freestyle Relay; 200 Freestyle Relay.
   e) The NWOSSAA meet includes para-swimming events 50 free, 50 back, 100 free

3. **Rules and Officials:**

   a) S.N.C. rules for high schools shall govern competition at the NWOSSAA Championship.
   b) The convenor(s) shall be responsible for obtaining competent officials for the meet.

4. **Entry:**

   a) All entries to the NWOSSAA meet shall come from the NorWOSSAA, NSSSAA, SSSAA Championship meets.
   b) A school may have a maximum of three (3) competitors in each individual event in each division and one (1) school relay team in each relay event. The only exception is in the 50 m freestyle events in each division, where the number of entries per school is unlimited.
   c) Competitors may enter up to four (4) events. A maximum of three (3) of these may be individual events.
   d) Junior swimmers may swim any number of their events in the Senior Division.
   e) The winner of each event at the NorWOSSAA, NSSSAA, SSSAA Swim Championship meet may enter the NWOSSAA meet, plus any swimmers making the Time Standard for their event.
   f) For the Open 400 Metre Relay, teams shall consist of four swimmers from the High School Division, the Open Division, or any combination thereof.
   g) Entries must be received by the NWOSSAA Meet Manager by the date and time specified in the entry packages. Late entries will only be accepted if they can be

accommodated.

h) Relay teams entered in the NWOSSAA Championship Meet must have successfully completed the corresponding event at the NorWOSSAA, NSSSAA, SSSAA ct Swim Championship Meet. Any relay team disqualified at the NorWOSSAA, NSSSAA, SSSAA Meet is not eligible to compete at NWOSSAA. For relays, it is the school team that qualifies for NWOSSAA, but any eligible swimmer may compete on the relay team for that school, regardless of whether they competed at the NorWOSSAA, NSSSAA, SSSAA Meet.

5. Fees:

The entry fee for the NWOSSAA Swim Championship is $10 per swimmer listed on the entry forms, regardless of the number of events entered.

6. Eligibility:

a) Only bona fide members of a school team may enter the NWOSSAA Championship Meet. "School team" and "bona fide school team member" are defined in OFSAA Playing Regulation 7(a).

b) The coach shall be a certified member of the teaching staff of the school concerned, or a retired teacher. However, the Principal may designate a non-school person to coach with full privileges as long as a certified teaching member of the school concerned, or a retired teacher, accompanies that person. Such representation of the teaching staff must be present on the deck at all meets. (NOTE: in order to be eligible to compete at the OFSAA championship, the representative of the teaching staff must also be present at a majority of practices {see the OFSAA playing regulations for more details}.)

c) Participants must meet all of the OFSAA eligibility requirements in regards to age requirements, eligibility under the transfer policy, and the five-year rule, as stated in OFSAA Playing Regulation 7(b).

7. Time Standards:

a) Time standards shall be used as a requirement for entry to the NWOSSAA meet for those swimmers in the High School Division who do NOT win their event at the NorWOSSAA, NSSSAA, SSSAA meet, and for all Open swimmers who compete in the NorWOSSAA, NSSSAA, SSSAA t meet, regardless of their placing.

b) The time standards for the High School and Open Divisions shall be 10% slower than the current swim season's OFSAA qualifying times for the individual events. For the High School 50m butterfly, 50 m backstroke and 50m breaststroke (if not part of OFSAA), the qualifying times will be determined by the NWOSSAA convenor(s) based on the previous year's results. There will be no time standards for relay events.

8. **Scoring:**
   a) Only the top two finishers per school in each individual event shall be awarded points.
   b) The top 12 finishers in all events shall be scored as follows:

	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
Individual Events	16	13	12	11	10	9	7	5	4	3	2	1
Relays	32	26	24	22	20	18	14	10	8	6	4	2

   c) The total points of the top 12 swimmers in each individual event shall be used to determine the individual male and female championship medal winners in the Junior High School, Senior High School and Open Divisions.
   d) The total points of the top 12 finishers in each event shall be used to determine the overall team championship.

9. **Awards:**
   a) **Individual:**
      i) NWOSSAA Gold medals will be awarded to the individual winners of each event.
      ii) NWOSSAA Silver medals will be awarded for 2nd place in all individual events.
      iii) NWOSSAA Gold medals will be presented to the male and female swimmers with the highest individual point totals in the Junior High School, Senior High School, and open divisions.
   b) **Team:** The NWOSSAA Championship Gold Medals shall be awarded to the team with the highest point total.

10. **Sponsorship Policy and Uniforms at NWOSSAA Championships:**

All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's name, colours and logos. No sport club insignia on uniforms or equipment shall be permitted in the competitive area. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi-sport programs. Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined in By-Law 6. Section 2(h) of the OFSAA By-laws. This criteria must be met both on and in the immediate vicinity of the competitive area and during the awards ceremonies.