

# Northwestern Ontario Secondary Schools Athletic Association

## Annual General Meeting

### Minutes

Friday, May 3, 2019 at 9am  
DaVinci Centre (Marco Polo Room) - Thunder Bay

NSSSAA	SSSAA	NorWOSSA
Mark Szekely, Saint-Joseph	Greg Shimkoff, Hammarskjold	Reg McDonald, Beaver Brae
Raymond McGregor, Michipicoten	Paul Wojda, Hammarskjold	Pam Bujold, Atikokan
Ellen Jardine, Chapleau	Julie Beach, St. Patrick	Mark Wilkins, Red Lake
Joe Braun, Nip-Rock	Curtis Michaluk, Westgate	Mike Still, Dryden
Virginia McMillan, Lake Superior	Marilyn Ailey, Superior	Martin Paulichenko, PFFN
Ronald Filion, Chateau-Jeunesse	Mike Kompon, Cromarty	Michael Lalonde, Dryden
Gord Martin, Manitouwadge	Tom Langen, La Verendrye	Geoff Zilkalns, Dryden
Nancy Ramsdale, Marathon	Paul Nchimi, La Verendrye	Jeff Richards, St. Thomas Aq.
Mitch Cousineau, L'Oree des Bois	Warren Nieckarz, Superior	Travis Batters, St. Thomas Aq.
Matt Reid, Hornepayne	Roger Slomke, St. Patrick	Christine Jean, Fort Frances
Renee Weber, Trillium	David Pineau, SSSAA	Bill Daley, Fort Frances
Brian Skean, Geraldton	Lesley Berardi, St. Ignatius	Janine Lavoie, Sioux North
Jen Huhta, Nip-Rock	Cindy Kaplanis, Westgate	Brad Gascoigne, Atikokan
	Mike Busch, St. Ignatius	Shawn Hordy, PFFN
		Jason MacMillan, Sioux North
		Colleen Hogan, Ignace
		Brooke Swoffer, BaiBomBeh

1. Welcome and Presidents Remarks

1.1. President – Roger Slomke

2. Agenda

2.1. Additions to the Agenda (to be placed under the appropriate heading)

Adoption of the Agenda

Moved by: Marilyn Ailey

Seconded by: Greg Shimkoff

3. Presentations – none

4. Review of Minutes 2018 AGM – Errors or Omissions – none

Adoption of Minutes from 2018 AGM

Moved by: Janine Lavoie

Seconded by: Mike Lalonde

5. Business Arising from the Minutes

5.1. None

6. Financial Report – David Pineau – Secretary Treasurer NWOSSAA (see attached)

Motion to Accept Moved by: David Pineau

Seconded by: Taryn Vachon

7. Championship Reports – Spring 2018, Fall 2018 & Winter 2019

7.1. Girls 'A' Soccer (NSSSAA)

7.2. Boys 'A' Soccer (NorWOSSAA)

7.3. Track and Field (SSSAA)

7.4. Golf (NorWOSSAA)

- 7.5. Cross Country (SSSAA)
  - 7.6. Girls 'A' Basketball (NSSSAA)
  - 7.7. Girls AA Basketball (SSSAA)
  - 7.8. Boys 'A' Volleyball (NorWOSSAA)
  - 7.9. Boys 'AA' Volleyball (NorWOSSAA)
  - 7.10. Boy 'A' Basketball (NSSSAA)
  - 7.11. Boys 'AA' Basketball (SSSAA)
  - 7.12. Girls 'A' Volleyball (NorWOSSAA)
  - 7.13. Girls 'AA' Volleyball (NorWOSSAA)
  - 7.14. Wrestling (SSSAA)
  - 7.15. Curling (SSSAA)
  - 7.16. Badminton (SSSAA)
8. OFSAA Reports
- 8.1. OFSAA Report – Dave McCallum, Janine Lavoie - David Jeremy will be stepping down as Principals rep since he cannot find time to carry out the duties and attending meetings. NorWOSSAA has a candidate who will fill the role. They will make the offer to Andy Schardt from Sioux North.
  - 8.2. Pete Beach Award 2019 – NorWOSSAA (2020 – SSSAA) (2021 – NSSSAA) – Steve Poling from NorWOSSAA has been presented with the award for all his work over the years in high school sports and especially in his role as principal's representative.
9. Correspondence
- 9.1. None
10. New Business
- 10.1. Introduction of 2019-20 Executive
  - 10.2. School Classification Appeal – all schools in Thunder Bay are within the 10% allowance for AA classification (1,000 + 10% = 1,100). NWOSSAA will not have to write a letter requiring appeal of a school outside of the 10% allowance.
  - 10.3. Insurance Clarification & Impact on Calendar/Constitution – since NWOSSAA covers the liability insurance for regional events it was determined that all events run within NSSSAA, NorWOSSAA and SSSAA must be included on the calendar of events and in the constitution.
  - 10.4. Voting Rights (NSSSAA) – it was discussed that since schools in the East are only able to send one representative that they are at a disadvantage with respect to representation. The current system has certain inequities relative to number of schools and number of votes but historically we have been able to make solid decisions in favour of the best interest. Even with one representative per school the east still has more votes than Thunder Bay. No change was proposed.
  - 10.5. Badminton Site Motion (NSSSAA) – motion was defeated. See attached. It was decided that other championships are held centrally (XCR, wrestling and track) and that the advantages of having it in Thunder Bay (12 courts) and access to hotels certainly outweighs and negatives.
  - 10.6. Constitution/Playing Regulation Housekeeping Motions – all motions were passed. See attached. Constitution and playing regulations will be updated.
  - 10.7. Three Team Championship Structure – motion proposed by Ryan Bryk and seconded by Mike Lalonde.  
  
If the event only has two (2) teams then it is the original format of one team needs to win 2 out of 3 matches/games that will be used.

If the event has three (3) teams the following format will be used:

First, a round robin is used to determine 1st, 2nd and 3<sup>rd</sup> places before the semi final the following day.

Match/Game 1: Home team vs SSSAA (10 am)

Match/Game 2: SSSAA vs Visiting Team (2 pm)

Match/Game 3: Visiting Team vs Home team (6 pm)

If the three teams end in a three-way tie, the team that has lost the fewest sets (volleyball) or the best point differential (basketball) receives a bye to the finals. The other two teams must play a one game (basketball) or a best of 5 match (volleyball) semi final. (9am)

The winner of the semi final will move on to the final at an appropriate time.

In the three-way tie scenario, every team will already have one loss. The second loss in the semi final will be a team's second loss and will thus eliminate them from competition.

In the situation where no tie exists and teams are designated as first, second and third places (2-0, 1-1, 0-2 respectively). Only the first and second place teams will advance to the final day. The third place team will already have two losses and thus be eliminated from the competition.

The first place team does not have a loss and the second place team will have one loss.

The second place team will have to defeat the first place team twice on day 2 of the competition in order to claim the championship. If the first place team wins the first game they will be crowned champions.

11. 2019-20 NWOSSAA Calendar – David Pineau

12. 2019-20 NWOSSAA Directory – David Pineau

13. Association Reports

13.1. NSSSAA – Virg McMillan

13.2. SSSAA – David Pineau

13.3. NorWOSSA – Mike Lalonde

14. Next Meeting Dates

Executive Meeting: Thursday, May 7, 2020 @ 8:30 AM

Annual General Meeting: Friday, May 8, 2020 @ 9:00 AM

15. Adjournment

Moved by: Roger Slomke

Seconded by: Janine Lavoie

# NWOSSAA Motion

## *Northwestern Ontario Secondary Schools Athletics Association*

<b>Constitution</b>	<b>By-Laws</b>	<b>Playing Regulations</b>	<b>Motion #</b>
Article #:	Article #:		
Page:	Page:		
Whereas...			
a) Adequate Notice of Motion to change a Constitutional item was not provided giving no opportunity for representatives at said meeting to discuss the motion with their respective coaches			
And whereas...			
b) No other NWOSSAA Championship is held in the same location on a yearly basis			
And whereas..			
c) The additional yearly cost to all schools with the exception of SSSAA			
And whereas			
d)The inaccurate argument that only Thunder Bay has venues capable of hosting NWOSSAA Badminton when there are several schools in both the East and West that have 8 or more courts			
And whereas			
e) Athletes will never have court advantage unless they are from Thunder Bay			
Be it Resolved That...			
The motion to host NWOSSAA Badminton for a 3 year trial basis in Thunder Bay be repealed.			
MOVER: Gwen McKnight		SCHOOL: Chappleau HS	
SECONDER: Ellen Jardine		SCHOOL: Chappleau HS	
DATE: April 19, 2019			

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS  
BADMINTON  
PLAYING REGULATIONS  
*May 2019***

**1. Championship Court Availability and Practice Times**

If court availability is limited to six or less: participating schools must be prepared to play matches against their association the evening prior to the competition day by mutual consent (ie. a two-day competition).

It is the responsibility of the convenor to provide open gym time the evening prior to the NWOSSAA competition so that teams may practice.

**2. Entry Rules**

In all events, the rules are as follows:

No player may compete in more than one event.

The champion and runner-up in each event from each association shall be eligible to compete in the NWOSSAA championship.

Substitutes may be used to fill positions in the event of illness, injury, etc. The substitutes being the next in line from the associations (ie. third place).

Should an association not be able to send two entries, the host association will then have the opportunity to fill the event. If the host association cannot fill the event then the third association will be given the opportunity to send substitutes.

Anyone who has previously defaulted on a match or matches at a previous NWOSSAA Badminton Championship shall not be allowed to enter. (See Rules of Play)

**3. Tournament Format**

All NWOSSAA badminton tournaments are a round-robin format.

The competition will include the following events in **Senior and Junior Divisions:**

Girls' Singles  
Boys' Singles  
Girls' Doubles  
Boys' Doubles  
Mixed Doubles

The first and second-place qualifiers from each association shall play each other in the first scheduled games.

**4. Rules of Play**

The rules of Badminton Canada shall govern play with OFSAA amendments.

The NWOSSAA badminton playing regulations follow the OFSSA badminton regulations regarding protective eyewear that includes side protection as per ASTM F803 designation.

Warm-up time will be limited to one minute.

Coaching shall not exceed one minute during each game when the leading score reaches 11 points and shall not exceed one minute between games.

Players should call out the running score after each point to minimize confusion.

The same shuttle that is being used for the OFSSA championships will be used throughout the tournament.

All competitors should wear whites or school uniforms (as outlined in the OFSSA Badminton Playing Regulations).

Competitors must return all birds to the scorer's table at the completion of each match when reporting scores. Winners of the match must report.

The schedule is only a guide. Coaches will ensure that their teams are present throughout the tournament. If the tournament is running ahead of schedule, a late team will be defaulted if more than 5 minutes late.

Players who purposely default on a match or matches for unsportsmanlike reasons (not related to medical considerations) will not be permitted to compete in the NWOSSAA Badminton Championship.

There shall be a referee-in-chief appointed by the site convenor. The referee-in-chief will settle all disputes. Consultation with all concerned will assist his/her final decision.

## 6. Scoring of Association and School Championships

The Junior Team and Association point totals and Senior Team and Association point totals are kept separate.

Team and Association totals will be calculated as follows for each event:

First	10 points
Second	8 points
Third	6 points
Fourth	4 points
Fifth	2 points
Sixth	1 point

### Association Championship

The association with the greatest number of points at the end of the Senior competition will be declared NWOSSAA Champion (i.e. either NSSSAA, SSSAA, or NorWOSSA). In the event of a tie, the association with the greatest number of gold medals shall be deemed the winner. If still tied; the association with the greatest number of silver medals shall be deemed the winner.

### School Championship

The Senior school with the greatest number of points shall receive the NWOSSAA trophy.

## 7. Event Tie Breaking

In junior competition, only ties for first place will be broken using the prescribed formulas.

In the event of a two-way tie for first, second and/or third, the winner of the round robin match be declared the winner.

Three-way ties for first, second and third will be broken using the negative bye system. If a three-way tie does not affect medal placing, the points of the three places will be added together and divided by three. The points will be rounded off to the nearest whole number.

The negative bye tie breaker will work as follows. The bye will be determined by lottery. The team with the bye will play the loser of the match between the other 2 teams. The winner of the 2nd match will play the winner of the first match. Each match in the play-off will be one set (game).

In the event of a four-way tie for first, second or third place, the players/teams will be matched up A vs. B and C vs. D by draw, with the winners advancing to play each other. All matches are one set (game). If the four-way tie is for first place the losing teams will play off to determine the third place finisher.

## **8. Individual Awards**

### **Senior**

Presentation of NWOSSAA Medals will occur at the conclusion of the event. These awards will include:

- Gold medallions to the first place individual finishers in each event.
- Silver medallions to the second place individual finishers in each event.
- Bronze medallions to the third place individual finishers in each event.

### **Junior**

The convenor will be responsible for the production and presentation of first, second and third place certificates to junior (exhibition) finalists.

## **9. OFSAA Qualification**

The top two finishers in each **senior** event qualify for further OFSAA play. If one of the top two finishers does not wish to compete at OFSAA, substitutes can be made according to placement.

## **10. Deportment**

Note: The convenor must bring behaviour expectations to the attention of coaches and athletes prior to the tournament.

The convenor will use the following criteria to impose sanctions to any athletes who are guilty of inappropriate behaviour:

-minor misbehaviour (e.g. Swearing under breath, striking one's self with racquet in frustration or anger, failing to return shuttle to opponent in a sportsmanlike manner) warning and loss of 1 point or side out.

-serious misbehaviour (e.g. Swearing aloud, striking racquet to floor, striking one's self with the racquet in anger or frustration after an initial warning, failing to return the shuttle to opponent in a sportsmanlike manner after an initial warning) loss of game; or loss of next game if the game in which the inappropriate behaviour occurred has been completed.

-flagrant/abusive misbehaviour (eg. threatening, fighting, throwing racquet, etc.): ejection from the tournament.

**BASKETBALL  
PLAYING REGULATIONS  
May 2019**

**1. Team Entry Eligibility and SSSAA “A” Declaration**

One designated team from each association is eligible to compete at NWOSSAA, in each of the divisions providing they meet OFSAA regulations for participation in ‘A’ or ‘AA’.

“A” schools from SSSAA must declare by the start of the regular season whether or not they intend to be fielding teams for championships.

**2. Competitions, Locations and OFSAA Qualification**

Competitions

NWOSSAA championships shall be held for the following divisions:

- Senior Boys’ ‘A’
- Senior Boys’ ‘AA’
- Senior Girls’ ‘A’
- Senior Girls’ ‘AA’

Locations and OFSAA Qualification

These will be held at assigned locations based upon the rotational system set up by NWOSSAA. If a traveling team wishes not to challenge the host team, the host association’s top team may represent NWOSSAA at the OFSAA championships.

The NWOSSAA championship team in each division shall be eligible to represent NWOSSAA at the OFSAA championships. Should they elect not to travel to OFSAA then the second-placed team from the NWOSSAA championships shall be eligible.

In the event that NWOSSAA has two (2) entries into OFSAA in basketball, the winner of the association that won the second entry as a result of previous years' success(es) shall go to OFSAA as NWOSSAA’s second entry. The second-place team in that association shall play the opposite association winner for NWOSSAA’s first (championship) entry.

**3. Championship Formats**

Two Team Format

The format shall be the best two out of three games, with each game consisting of four 8 minute quarters, with a minimum ten minute half-time. The first team to win two games shall be declared the NWOSSAA representative at the OFSSA tournament.

These games will be spread out as much as possible across the days assigned to the competition, with one game being held on the first day and two games (if necessary) on the second day. This format may be altered by mutual agreement of the two participating schools and the league convener.

Three Team Format

First (day), a round robin is used to determine 1st, 2nd and 3<sup>rd</sup> places before the semi final the following day.

**Day 1: Round Robin Schedule**

Game 1: Home team vs SSSAA (10 am)

Game 2: SSSAA vs Visiting Team (2 pm)

Game 3: Visiting Team vs Home team (6 pm)

After Day 1 - Round Robin Classifications/Schedule for Day 2:

(a)No Tie Exists: The teams are designated as first, second and third places (2-0, 1-1, 0-2 respectively). Only the first and second place teams will advance to the final day; the third place team will already have two losses and thus be eliminated from the competition. The first place team does not have a loss and the second place team will have one loss.

The second place team will have to defeat the first place team twice on day 2 of the competition in order to claim the championship. If the first place team wins the first game they will be crowned champions.

(b)Three-way-tie: The team with the best point differential receives a bye to the finals. The other two teams must play a one game (basketball) semi-final (9am). The winner of the semi-final will move on to the final at an appropriate time. In the three-way tie scenario, every team will already have one loss; the second loss in the semi-final will be a team's second loss and will thus eliminate them from competition. (2019 AGM).

**Day 2: Championship Day (a)no tie exists**

Game 1: 2<sup>nd</sup> Place vs 1<sup>st</sup> Place

Game 2: (played if 2<sup>nd</sup> Place wins)

**Day 2: Semi-Final/Championship (b)Three-way-tie**

Game 1 (semi-final): 3<sup>rd</sup> Place vs 2<sup>nd</sup> Place

Game 2 (Championship): Semi-Final Winner vs 1<sup>st</sup> Place

#### **4. Rules of Play**

The playing rules as outlined by OFSAA shall apply.

A standardized OFSAA official basketball score book shall be used.

For boys the official ball of OFSAA shall be used.

For girls the official ball of OFSAA shall be used.

A player receiving a flagrant intentional foul and ejected from a basketball game will also receive an additional one game suspension. This would be the next NWOSSAA playoff game or the next league or playoff game.

#### **5. Administration of Officials**

The convenor, in association with the host school, is responsible for obtaining the best rated officials available. The host school is financially responsible for all officials.

Should qualified officials fail to fulfill their prior commitment to officiate basketball championships and the convenor exhaust all avenues to obtain other qualified officials, the convenor will be able to substitute with an experienced official using the professional judgement of the convenor.

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS**  
**CROSS COUNTRY RUNNING**  
**PLAYING REGULATIONS**  
*May 2019*

**1. Championship Date**

The date of the NWOSSAA Cross Country Championship shall normally be the Wednesday of the third week in October and must be at least one week in advance of the OFSAA championship to allow the coaches to make their selection and enter the appropriate athletes.

**2. Location**

The location of the cross country meet will be in a suitable area (parkland, golf course, conservation area) subject to the approval of the meet director and the coaches. The course should include a wide variety of terrain ensuring sufficient challenge to the athletes, within reasonable limits of safety. The meet should avoid the use of roads to qualify as true cross country running.

The meet director is responsible for seeing that the course is clearly marked and is properly marshaled for all races. There should be course markings of plastic flags as well as directional arrows where the course turns. The finish line should be well marked and highly visible.

**3. Entries**

Entries should be forwarded to the meet director at least five days prior to the championship in the format requested by the meet director.

The number of runners per school per division shall be limited to seven (7).

**4. Race Structure**

The approximate distance to be covered by each runner in each classification as outlined by OFSAA should be followed.

**5. Race Procedures**

There will be a ten (10) and a three (3) minute call prior to the start. All athletes must be checked in with the start line marshal prior to the last call.

Athletes will line up according to schools.

The chief starter will give instructions three (3) minutes prior to each race.

Athletes must follow ground markings for each of their designated race courses. Barricade ribbons will define running areas in some places.

Athletes will clear the finish area immediately after race completion.

Only coaches are allowed to approach the finish line marshals or the designated computer specialists recording positions and times.

**6. Rules of Play**

The uniform consists of a minimum of a shirt/singlet and shorts which are appropriate to the event. Competitors must be wearing colours representative of their school. Runners must wear their assigned number when racing. The number must be displayed on the front of the jersey, pinned in all four corners, and should be visible throughout the entire race.

Any runner who 'false starts' shall be disqualified at the discretion of the convenor/starter.

Any runner who interferes with another runner shall be disqualified. Interference is any action by a competitor that unfairly changes the course or natural running rhythm of another runner during the race. This may include bumping, tripping or running across a runner's path.

Any participant who uses unsportsmanlike or unacceptable conduct shall be disqualified. This would include the use of profanity, disrespectfully addressing an official, criticizing an opponent or an official, or willful failure to follow the directions of a meet official.

A runner shall be disqualified if he or she is aided by a coach, teammate or spectator. Such aid includes any direct physical interaction that enables a runner to finish the race.

Competitors who fail to complete the prescribed course that is defined by a legal marking system shall be disqualified.

## **7. Scoring of Division and Overall Championships**

### Division Team Titles

The scoring for the team title in each of the 6 divisions will be determined by a negative point system. The placing of the top four finishers from each school will be totaled to determine the team's score, and the team with the lowest score shall be declared the winner. In the event of a tie, it shall be resolved in favour of the team whose fourth runner finishes nearest to first place.

### Overall Team Title, Boys' Team Championship and Girls' Team Championship

This is done differently from scoring within the division. The top 15 finishers in each of the six divisions will be awarded points using the following positive point system:

1 <sup>st</sup> Place	= 20 points
2 <sup>nd</sup> Place	= 18 points
3 <sup>rd</sup> Place	= 16 points
4 <sup>th</sup> Place	= 14 points
5 <sup>th</sup> Place	= 12 points
6 <sup>th</sup> Place	= 10 points
7 <sup>th</sup> Place	= 9 points
8 <sup>th</sup> Place	= 8 points
9 <sup>th</sup> Place	= 7 points
10 <sup>th</sup> Place	= 6 points
11 <sup>th</sup> Place	= 5 points
12 <sup>th</sup> Place	= 4 points
13 <sup>th</sup> Place	= 3 points
14 <sup>th</sup> Place	= 2 points
15 <sup>th</sup> Place	= 1 point

The team points earned by scoring runners in each division will be totaled, and the schools will be ranked from highest to lowest. An overall team champion will be declared.

The number of runners per school per division shall be limited to seven (7). Of those, only the top five (5) can score points. The other runners (6<sup>th</sup> and 7<sup>th</sup>) would not score but displace points.

## **8. Awards**

The NWOSSAA championship medals are awarded to the first three finishers in each race. A team trophy is awarded for NWOSSAA as well.

## **9. OFSAA Qualification**

Only student-athletes from the top 5 places (not counting team entries) can be considered for advancement to OFSAA competition. Exact number of entries to OFSAA are determined by OFSAA.

## **10. Jury of Appeal**

In case of disputes that arise during the meet, a jury of appeal will rule on these problems. The jury will be composed of the meet director, and at least two knowledgeable coaches or officials to be appointed by the convenor. The appointees should be people not directly involved in the dispute. The jury shall handle disputes which do not fall within the jurisdiction of the officials.

A protest must be submitted in writing together with a **\$25.00** fee (refundable if the protest is upheld) within thirty minutes of the incident which is being protested.

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS**  
**GOLF**  
**PLAYING REGULATIONS**  
*May 2019*

**1. Championship Date**

Where possible, the event will take place on the fourth Friday after Labour Day.

**2. Location**

The location will be a suitable course with a minimum par 70 for an 18-hole course or par 35 for a 9-hole course.

**3. Costs**

Host schools/associations are encouraged to provide competition at little or no cost to the schools/participants. Any fees must be approved at the NWOSSAA AGM prior to the tourney.

**4. Entries**

The top three (3) teams from each Association will qualify. The host team qualifies automatically if not part of the top three from an Association. The top four (4) individual girls from each Association will qualify. The top five (5) individual boys not represented on qualifying teams will qualify.

Teams will consist of 5 golfers (male or female) with the results of the 4 best gross scores to count. Team scores will be determined by adding those four best scores. Individual placement will be based on the gross scores of each competitor. There will be no "net" competition.

**5. Sport Scoring Procedures and Disputes**

A scorer's table must be set up to check and verify each player's score. All players in the group will be required to sit at the table and verify all competitors' scores in their group. In order to do so each player must record all players scores on their scorecard. This scorer's table will include: the tournament convener and 2 other coaches (one from each association). Any discrepancies or concerns will be dealt with at this time.

The competition must have on course an individual acting as a rules official and a rules committee made up of the convener and 2 other coaches (preferably one from each association.) If there is a player in question then the committee must be made of 3 coaches from schools not directly involved with the player in question.

**6. Rules of Play**

The RCGA Rule Book will govern play.

All competitors and coaches must follow a dress code for the NWOSSAA golf competition. Proper golf attire must be worn at all times, jeans and t-shirts are not permitted.

All tournaments will operate using a 'shotgun start'.

Caddies will not be permitted. Spectators and coaches may walk with the group, but must not communicate with players while his/her round is in progress.

Power carts will not be allowed except for athletes who present, to the convenor, a doctor's certificate indicating appropriate medical rationale.

Foursomes will be comprised of athletes of comparable golfing ability. Coaches will rank their athletes in terms of their handicap. Whenever possible no one from the same school shall be paired together in a foursome.

Every foursome will be allocated a designated teacher/coach/volunteer supervisor whose purpose is to assist in keeping the foursome on schedule with respect to pace of play and to keep the foursome's score. It is not the expectation of the teacher supervisor to make on course rulings. Teacher-supervisors are permitted to use motorized carts at their own expense. The availability and use of motorized carts will be at the discretion of the Golf Course.

It is the expectation that all teachers/coaches accompanying the team will perform the supervision duties in order to facilitate the supervision process.

All competitors must follow the rules set by the golf facility and must meet the code of conduct established by NWOSSAA.

The use of range finders/distance measuring devices for distance calculations are allowed during competition. No devices to measure slope, wind speed, elevation, etc. will be allowed as per the RCGA rules. (requirements taken from the OFSAA playing regulations)

All players play from their gender's regular tees, even if they are competing for the team championship.

## **7. Tie Breaking Procedures**

### Teams Tied

If two or more teams are tied for first place overall, all five players of each team shall play sudden death, starting at hole #1 preferably, but if that is not possible, at a hole designated by the convenor, with the best four scores of each team to count, play to continue until the tie is broken.

### Individuals Tied

If two or more players are tied for first place, players shall play sudden death to determine the NWOSSAA Champion.

### Individual Spots to OFSAA

If the two players (not on the winning team), who advance to OFSAA cannot be clearly determined by score, then those players tied shall play sudden death to determine the two spots (third place or alternate should also be determined in case a player cannot advance for some reason).

## **8. Awards**

Awards will be presented to both teams and individuals in the following categories:

Open team (best team)

Individual girls (best three placements and ties)

Individual boys (best three placements and ties)

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS**  
**NORDIC SKIING**  
**PLAYING REGULATIONS**  
*May 2019*

**1. Championship Date**

The NWOSSAA Nordic Skiing Championship shall be held no later than two weeks prior to the OFSAA Championship. The Nordic ski league dates of competition will be set and distributed at the preseason meeting.

**2. Location**

The location of the Championship will be decided by the Convenor and approved by the NWOSSAA Council at the Spring Meeting as stated in the Calendar.

The Championship shall rotate amongst the participating regions, on a three year schedule. If a region is not participating/ or unable to host, the rotation will jump ahead.

-2021-2022 – NorWOSSAA  
-2022-2023 – SSSAA  
-2023-2024 – North Shore  
-2024-2025 – NorWOSSAA  
-2025-2026 – SSSAA  
-2026-2027 – North Shore

All participating schools can request to host the Championships in writing to the Convenor.

**3. Eligibility**

The eligibility list must be submitted to the Convenor before the race date.

**4. Race Structure**

All races will be freestyle. The meet will consist of races of approximately the following distances:

-Junior Girls: 4km or +/-1km  
-Junior Boys: 5km or +/-1km  
-Senior Girls: 5km or +/-1km  
-Senior Boys: 7.5km or +/-1km.

**5. Entries**

Entry deadlines will be determined by the Convenor and will be announced prior to the Nordic season.

Junior Girls', Junior Boys', Senior Girls', and Senior Boys' teams shall not be declared in advance.

**6. Scoring of Sport**

A school's first five finishers (with 4 to count) shall constitute the school's first team; the sixth to tenth place finishers (inclusive) shall constitute the school's second team; the eleventh to fifteenth place finishers shall constitute the school's third team; etc.

Schools may enter as many individuals as they wish to each event.

Changes to existing entries are to be submitted at registration the day of the meet.

No additions to the entry list will be allowed after the entry deadline. Appeals for additional entries after the deadline may be made to the Jury of Appeal at registration the day of the meet.

## **7. Rules of Officials**

Canadian Ski Association - Cross Country Canada Rules shall govern competition at the NWOSSAA Championship with the exceptions outlined in these regulations.

The FIS equipment rule will apply with the following exceptions:

- minimum length of ski is 140 centimetres; Para-Nordic and Special Needs equipment is exempt
- no maximum width of ski
- equipment may be exchanged only if broken during the race

## **8. Awards**

The presentation of NWOSSAA Medals will occur at the conclusion of each race. These awards will include:

- Gold medallions to the first place individual finishers in each junior and senior event.
- Silver medallions to the second place individual finishers in each junior and senior event.
- Bronze medallions to the third place individual finishers in each junior and senior event.

Relays will be fun events only and no awards will be given

## **8. Uniforms**

Skiers must wear, on the front, an easily readable number, as assigned to their school by the Convenor.

Team uniforms or school colours should be worn during the race.

## **9. Scoring**

In the individual Nordic event, places will be determined by time.

To calculate team placing, the times of the 4 fastest skiers will be added together. No three-person team will receive a team placing.

To calculate combined team scores, the team scores calculated in for schools with a Junior Girls' and Junior Boys' team will be added together. The procedure will be repeated for schools with a Senior Girls' and Senior Boys' Team.

DNF's due to missed check point, lost or broken equipment and failure to complete the course will receive a time one second greater than the last proper time. DQs (eg.unsportsmanlike conduct, changing numbers, improper equipment change, etc.) and DNS's will receive no score.

If, in calculating the team placing, a tie occurs, the times of the fourth skiers in the individual race will determine the placing.

## **10. Equipment**

The convenor will be responsible for making sure all elements of the events are met.

The Convenor will arrange for qualified first aid personnel and equipment. At some Nordic skiing venues, medical coverage may best be supplied by the local Ski Patrollers on duty.

## **11. Deportment**

Competitors and coaches are expected to behave in a sportsmanlike manner as per the NWOSSAA constitution.

## **12. Jury of Appeal**

A Jury of Appeal will be constructed at the pre-race coaches meeting. This Jury will consist of the Convenor and a coach from each of the competing schools.

The Jury of Appeal will handle disputes which do not fall within the jurisdiction of the officials.

All protests shall be lodged in writing and presented to the Convenor within thirty minutes of the conclusion of the race under appeal.

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS**  
**'A' SOCCER**  
**PLAYING REGULATIONS**  
*May 2019*

**1. Team Entry Eligibility and SSSAA Declaration**

One designated team from each association is eligible to compete at NWOSSAA

Schools from SSSAA must declare by the start of the regular season whether or not they intend to be fielding teams for championships.

**2. Competitions, Locations and OFSAA Qualification**

Competitions

NWOSSAA championships shall be held for the following divisions:

Varsity Boys' 'A'

Varsity Girls' 'A'

Locations and OFSAA Qualification

These will be held at assigned locations based upon the rotational system set up by NWOSSAA. If a traveling team wishes not to challenge the host team, the host association's top team may represent NWOSSAA at the OFSAA championships.

The NWOSSAA championship team in each division shall be eligible to represent NWOSSAA at the OFSAA championships. Should they elect not to travel to OFSAA then the second-placed team from the NWOSSAA championships shall be eligible.

In the event that NWOSSAA has two (2) entries into OFSAA in soccer, the winner of the association that won the second entry as a result of previous years' success(es) shall go to OFSAA as NWOSSAA's second entry. The second place team in that association shall challenge for the NWOSSAA championship (NWOSSAA's first entry).

**3. Championship Formats**

Two Team Format

The format shall be a best 2 out of 3 series to determine a NWOSSAA champion to compete at OFSAA Soccer. Game 1 played on Friday no earlier than 2pm. Game 2 and where necessary game 3 played on Saturday, adhering to OFSAA policy regarding 2 hours rest between games.

Three Team Format

Teams will be given 3 points for a win in round robin and 1 point for a tie.

Regardless of the final game score, all round robin games will conclude with a 5 player shootout (as per FIFA Rules) and the team head to head (2 teams tied) or cumulative (3 teams tied) results will be used (if required) in the tie breaking procedure. The final game score will stand regardless of shootout results.

The team that has the furthest travel distance to the three team championship will not be scheduled to play the first game, unless otherwise agreed upon by all three teams.

The schedule for the three (3) team championship is as follows:

## **DAY 1**

Game 1	10:00am	Home Team VS Team traveling the 2 <sup>nd</sup> furthest
Game 2	2:00pm	Team traveling the furthest VS Team traveling the 2 <sup>nd</sup> furthest
Game 3	7:00pm	Home Team VS Team traveling the furthest

## **DAY 2**

Championship (Game 1) <b>OR</b> Tie breaker (if necessary)	9:00am	1 <sup>st</sup> Place after round robin VS 2 <sup>nd</sup> place after round robin (Tie breaker procedure below)
Championship (Game 2) or Final	12:00pm	

**Day 1:** There will be a 3 – team round robin played with appropriate rest time (see OFSSA standards) provided between games since one of the teams will be involved in back to back competition.

**Day 2:** Using the results of the round, 1<sup>st</sup> will play 2<sup>nd</sup> for the NWOSSAA title. If the Round Robin ends with the 1<sup>st</sup> Place Team 2-0 and the 2<sup>nd</sup> Place Team 1-1, and the 2<sup>nd</sup> Place Team wins Championship Game 1; then Championship Game 2 must be played with the winner being declared NWOSSAA Champion.

### Tiebreakers

Tied games in round robin shall stand.

To determine round robin standings:

#### Two Teams Tied:

- Winner of the round robin game between tied teams
- Most games won during round robin play
- Goal differential (goals for – goals against) in round robin games with a maximum of a four (4) goal differential in any one game
- Least goals scored against in round robin games (maximum of four in any one game)
- Most goals scored for in round robin (maximum of four in any one game)
- Results of head to head penalty shootout (shootout conducted as per FIFA Rules)
- Coin Toss

#### Three Teams Tied:

- Most games won during round robin
- Goal differential (goals for – goals against) among the 3 tied teams during round robin (maximum of a 4 goal differential in any one game)
- Least goals scored against in round robin games (maximum of four in any one game)
- Most goals scored for in round robin games (maximum of four in any one game)
- Result of cumulative penalty shootout (shootout conducted as per FIFA Rules)
- Drawing of straws (Teams with the two longer straws move on to Championship Final)

## **4. Rules of Play**

The Rules of Soccer as determined by OFSAA shall govern play in the NWOSSAA championship with the following exceptions:

Each team may dress an unlimited number of players.

There is unlimited substitution. Substitution may occur at goal kicks, goals scored, and at half time. In the case of an injury, substitution is permissible at the referee's discretion.

Tied Games in Championship Final: Overtime will consist of two (2) complete ten (10) minute halves. If game is still tied, teams shall take kicks from the Penalty Mark as per FIFA rules.

## **5. Administration of Officials**

The host association is to be responsible for supplying and paying qualified linesmen and referees.

The convenor in the association with the host school is responsible for obtaining the best rated officials available. The host school will also be financially responsible for all officials.

Should qualified officials fail to fulfill their prior commitment to officiate soccer and the convenor exhausts all possibilities to obtain other qualified officials, the convenor may substitute with an experienced official or the game shall be played with one official.

**NORTHWESTERN ONTARIO SECONDARY SCHOOLS ATHLETIC ASSOCIATIONS**  
**VOLLEYBALL**  
**PLAYING REGULATIONS**  
*May 2019*

**1. Team Entry Eligibility and SSSAA “A” Declaration**

One designated team from each association is eligible to compete at NWOSSAA, in each of the divisions providing they meet OFSAA regulations for participation in ‘A’ or ‘AA.’

“A” schools from SSSAA must declare by the start of the regular season whether or not they will be fielding teams for “A” championships.

**2. Competitions, Locations and OFSAA Qualification**

Competitions

NWOSSAA championships shall be held for the following divisions:

Senior Boys’ ‘A’  
Senior Boys’ ‘AA’  
Senior Girls’ ‘A’  
Senior Girls’ ‘AA’

Locations and OFSAA Qualification

These will be held at assigned locations based upon the rotational system set up by NWOSSAA. If a traveling team wishes not to challenge the host team, the host association’s top team may represent NWOSSAA at the OFSAA championships.

The NWOSSAA championship team in each division shall be eligible to represent NWOSSAA at the OFSAA championships. Should the elect not to travel to OFSAA then the second placed team from the NWOSSAA championships shall be eligible.

In the event that NWOSSAA has two (2) entries into OFSAA volleyball, the winner of the association that won the second entry as a results of their previous years’ success(es), or the hosting school, shall go to OFSAA as NWOSSAA’s second entry. The second place team in that association shall play the opposite association winner for the NWOSSAA championship and become NWOSSAA’s first entry.

**3. Championship Formats**

Regardless of it being two-team or three team format, each match will be best 3 of 5 sets.

Two Team Format

Teams will play best 2 of 3 matches. Each match will be best 3 of 5 sets.

The playoffs will be completed within two days with two matches being played the first day and, if necessary, one match the second day, unless a team has to travel the first day of the competition. In the case of a team travelling the first day, one match will be played the first day and the second and third (if necessary) matches will take place the second day. This format may be altered by mutual agreement of the two participating schools and the convener.

Championship game times will be mutually agreed upon the athletic directors’ of the schools involved.

Three Team Format

First (day), a round robin is used to determine 1st, 2nd and 3<sup>rd</sup> places before the semi-final the following day.

### **Day 1: Round Robin Schedule**

Match 1: Home team vs SSSAA (10 am)

Match 2: SSSAA vs Visiting Team (2 pm)

Match 3: Visiting Team vs Home team (6 pm)

### **After Day 1 - Round Robin Classifications/Schedule for Day 2:**

**(a)No Tie Exists:** The teams are designated as first, second and third places (2-0, 1-1, 0-2 respectively). Only the first and second place teams will advance to the final day. The third place team will already have two losses and thus be eliminated from the competition. The first place team does not have a loss and the second place team will have one loss.

The second place team will have to defeat the first place team twice on day 2 of the competition in order to claim the championship. If the first place team wins the first game they will be crowned champions.

**(b)Three-way-tie:** The team that has lost the fewest sets receives a bye to the finals. The other two teams must play a best of 5 match semi-final (9am). The winner of the semi-final will move on to the final at an appropriate time. In the three-way tie scenario, every team will already have one loss; the second loss in the semi-final will be a team's second loss and will thus eliminate them from competition. (AGM 2019)

### **Day 2: Championship Day (a)no tie exists**

Match 1: 2<sup>nd</sup> Place vs 1<sup>st</sup> Place

Match 2: (played if 2<sup>nd</sup> Place wins)

### **Day 2: Semi-Final/Championship (b)Three-way-tie**

Match 1 (semi-final): 3<sup>rd</sup> Place vs 2<sup>nd</sup> Place

Match 2 (Championship): Semi-Final Winner vs 1<sup>st</sup> Place

## **4. Rules of Play**

The OFSAA playing regulations with the following exceptions:

- i. Teams are allowed to dress an unlimited number of players.
- ii. Minimum warm-up time prior to match will be 20 minutes.

## **5. Administration of Officials**

The convener in the association with the host school is responsible for obtaining the best rated officials available. The host school will also be financially responsible for all officials.

Should qualified officials fail to fulfill their prior commitment to officiate volleyball and the convenor exhausts all possibilities to obtain other qualified officials, the convenor may substitute with an experienced official or the game shall be played with one official. Students may be used as scorers and linesmen.