

## Senior Boys and Open Events

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
100m	J. Kwasny	Westgate	10.80	1972	100m	Justin Grochowski	Churchill	10.80	2009
200m	J. Kwasny	Westgate	22.30	1972	200m	Justin Grochowski	Churchill	21.90	2010
400m	J. Kwasny	Westgate	49.30	1972	400m	Jon Potvin	St. Patrick	49.70	2006
800m	A. Nesbitt	Hillcrest	01:56.50	1982	800m	Josh Potvin	St. Patrick	01:57.50	2007
1500m	T. Hatherly	Churchill	04:02.00	1978	1500m	Jordan MacIntosh	Hammar skjold	04:00.58	2016
3000m	J. Cadorin	Hillcrest	08:36.10	1984	3000m	Jordan MacIntosh	Hammar skjold	08:49.42	2016
110m Hurdles	P. Belluz	Churchill	15.30	1981	110m Hurdles	Steven Massaro	Westgate	17.80	2003
4 X 100 Relay		Westgate	44.60	1972	4 X 100 Relay	Niko Dowhos	Hammar skjold	44.56	2019
						Devin Giertuga			
						Colton Dowhoszya			
						Tyson Mayer			
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
Long Jump	M. Ede	Beaver Brae	6.60m	1995	Long Jump	Lloyd Kargbo	St. Ignatius	6.22m	2019
Triple Jump	M. Ede	Beaver Brae	13.50m	1995	Triple Jump	Joshua Strain	Fort Frances	13.24m	2010
Pole Vault	W. Magill	Hammar skjold	3.58m	1971	Pole Vault				
High Jump	M. Kelly	F.W.C.I.	2.00m	1987	High Jump	Justin McGinnis	Westgate	1.82m	2012
Shot Put	J. Vahaaho	Hillcrest	15.25m	1963	Shot Put	Dylan Gosselin-Archer	Geraldton	14.22m	2014
Discus	I. Low-A-Chee	Hillcrest	51.18m	1981	Discus	Michael Ryan	Dryden	42.78m	2017
Javelin	F. Sonogo	Westgate	54.03m	1974	Javelin	Gavin Perkins	Hammar skjold	51.32m	2019
Open Track Events					Open Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
4 X 400 Relay	A. Michelson	Hillcrest	03:33.5	1982	4 X 400 Relay	Jordan MacIntosh	Hammar skjold	03:34.08	2016
	D. Buckley					Derek Patterson			
	P. Allaire					Hunter Campbell			
	A. Nesbitt					Will McDonough			
2000m Steeplechase	Joel Kruper	Hillcrest	06:04.7	1985	2000m Steeplechase	Jacob Benson	Dryden	06:21.52	2015

Record Book Accurate as of May 28, 2022.

## Senior Girls and Open Events

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
<del>100m</del>	R. Mack	F.W.C.I.	<del>12.70</del>	<del>1974</del>	100m	Heather Schmidt	Churchill	11.90	2008
	A. Richmond	Lakeview	<del>12.70</del>	<del>1981</del>					
	D. Smith	Beaver Brae	<del>12.70</del>	<del>1991</del>					
200m	C. Philip	St. Patrick	<del>26.30</del>	<del>1991</del>	200m	Amy Stieh	Hammar skjold	25.41	2019
400m	G. St. Hilaire	Beaver Brae	<del>59.20</del>	<del>1987</del>	400m	Amy Stieh	Hammar skjold	56.60	2019
800m	G. Battistella	F.W.C.I.	02:15.30	1981	800m	Keltie John	Hammar skjold	02:18.00	2008
<del>1500m</del>	<del>C. Dowhos</del>	<del>Hillcrest</del>	<del>04:41.00</del>	<del>1982</del>	1500m	Hanna Johnston	Hammar skjold	04:34.63	2016
<del>3000m</del>	<del>M. Regula</del>	<del>Lakeview</del>	<del>09:58.40</del>	<del>1982</del>	3000m	Hanna Johnston	Hammar skjold	09:54.17	2016
80m Hurdles	H. Clabertt	Churchill	11.80	1983	80m Hurdles				
100m Hurdles	Jaclyn Walter	Hillcrest	17.80	2000	100m Hurdles	Gabe Ladouceur	Hillcrest	18.80	2003
4 X 100 Relay	P. Hardisty	Lakeview	54.10	1978	4 X 100 Relay	Naomi Veurink	Churchill	52.00	2008
	S. Morrison					Megan Bates			
	S. Johnson					Jessica Grochowski			
	G. Carr					Heather Schmidt			
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
Long Jump	J. Hunter	St. Ignatius	5.37m	1992	Long Jump	Megan Bryson	Westgate	5.36m	2019
Triple Jump	A. Smith	F.W.C.I.	<del>10.77m</del>	<del>1992</del>	Triple Jump	Rachel Romu	St. Ignatius	11.28m	2010
High Jump	H. Postenka	Hillcrest	<del>1.64m</del>	<del>1978</del>	High Jump	Rachel Romu	St. Ignatius	1.67m	2010
Shot Put	F. Jensen	Hillcrest	11.90m	1985	Shot Put	Elisa Mawby	Dryden	11.39m	2015
Discus	F. Jensen	Hillcrest	<del>35.21m</del>	<del>1985</del>	Discus	Lindsay Coles	Dryden	35.60m	2017
Javelin	K. Kinger	Beaver Brae	<del>35.66m</del>	<del>1972</del>	Javelin	Autumn Ziebarth	Hammar skjold	36.68m	2018
Open Track Events					Open Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
<del>1500M Steeplechase</del>					1500M Steeplechase	Andie Wood	Dryden	05:26.73	2015
<del>2000M Steeplechase</del>					2000M Steeplechase	Mackenzie Thompson	Hammar skjold	08:19.65	2022
4 X 400 Relay	K. Gilman	Hillcrest	04:18.60	1982	4 X 400 Relay	Megan Bates	Churchill	04:11.50	2008
	J. McKinnon					Jessica Grochowski			
	K. Petrick					Heather Schmidt			
	C. Dowhos					Michelle Krezonoski			

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## Junior Boys

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
<del>100m</del>	<del>M. Delorme</del>	<del>Lakewood</del>	<del>10.80</del>	<del>1972</del>	100m	Justin Grochowski	Churchill	10.60	2008
	<del>M. Smith</del>	<del>Beaver Brae</del>	<del>10.80</del>	<del>1985</del>					
200m	M. Smith	Beaver Brae	22.20	1985	200m	Tim Shaw	Westgate	22.88	2019
400m	D. Fillion	St. Thomas Aquinas	50.90	1990	400m	Jon Potvin	St. Patrick	51.50	2004
800m	D. Karila	F.W.C.I.	01:56.20	1972	800m	Jordan MacIntosh	Hammarskjold	02:00.42	2015
1500m	M. Ivancic	Hillcrest	03:58.10	1981	1500m	Jordan MacIntosh	Hammarskjold	04:13.95	2015
3000m	T. Hatherly	Churchill	08:48.40	1976	3000m	Jordan MacIntosh	Hammarskjold	09:25.35	2015
110m Hurdles	J. Morris	Lakeview	15.50	1986	110m Hurdles	Bryon Advent	St. Patrick	17.30	2003
4 X 100 Relay	D. Dunning	Lakeview	45.70	1986	4 X 100 Relay	Erik Saarimaki	Hammarskjold	47.14	2015
	J. Morris					William McDonough			
	J. Gehl					Devon Hoier			
	M. Barnes					Doug Newhouse			
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
Long Jump	M. Ede	Beaver Brae	6.82m	1993	Long Jump	Jacob Bilous	Dryden	5.97m	2015
Triple Jump	M. Ede	Beaver Brae	13.34m	1993	Triple Jump	John Omeljaniuk	Churchill	12.14m	2012
Pole Vault	J. Tom	Hammarskjold	3.48m	1973	Pole Vault				
High Jump	D. Pradal	Westgate	1.97m	1992	High Jump	Jordan Popowich	Westgate	1.80m	2006
Shot Put	P. MacDonald	F.W.C.I.	13.74m	1974	Shot Put	Patrick Stamp	Hammarskjold	13.66m	2016
Discus	<del>R. Heman</del>	<del>F.W.C.I.</del>	<del>46.65m</del>	<del>1986</del>	Discus	Sekina Scheibler	Fort Frances	48.45m	2016
Javelin	T. Johansen	F.W.C.I.	54.38m	1974	Javelin	Chris Salmi	Geraldton	50.15m	2008

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## Junior Girls

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
100m	K. Harris	Westgate	12.70	1978	100m	Leah Maki	Westgate	12.66	2013
	B. Otway	Hillcrest	12.70	1981					
	H. Clabertt	Churchill	12.70	1982					
200m	K. Harris	Westgate	25.90	1978	200m	Christiana Collins	St. Patrick	25.46	2019
400m	B. Otway	Hillcrest	59.00	1981	400m	Sara Clouthier	Hammarskjold	59.34	2022
800m	N. Wieman	Westgate	02:21.40	1981	800m	Hanna Johnston	Hammarskjold	02:21.39	2015
1500m	L. Sanderson	Hillcrest	04:41.30	1985	1500m	Hanna Johnston	Hammarskjold	04:47.83	2015
3000m	L. Sanderson	Hillcrest	10:02.90	1985	3000m	Hanna Johnston	Hammarskjold	10:23.57	2015
80m Hurdles	H. Clabertt	Churchill	11.90	1982	80m Hurdles				
100m Hurdles	Bridget Mercer	Hammarskjold	18.80	2000	100m Hurdles	Jill Stajkowski	Westgate	18.70	2003
4 X 100 Relay	B. Otway	Hillcrest	52.90	1981	4 X 100 Relay	Noelle Richardson	St. Ignatius	53.50	2005
	L. Ylinen					Brittany Hill			
	C. Martin					Lisa Dziver			
	C. Dunn					Hope Fullum			
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
Long Jump	M. Lillie	F.W.C.I.	5.16m	1957	Long Jump	Rachel Romu	St. Ignatius	5.13m	2009
Triple Jump	Sheena Potosky	St. Ignatius	10.40m	2002	Triple Jump	Rachel Romu	St. Ignatius	11.37m	2009
High Jump	H. Postenka	Hillcrest	1.60m	1977	High Jump	Annika Jozin	Michipicoten	1.67m	2019
	Laura Silversides	St. Ignatius	1.60m	1999					
Shot Put	R. Smith	Hillcrest	10.59m	1987	Shot Put	Bryanna Baker	St. Ignatius	10.13m	2016
Discus	E. Kadolph	Westgate	34.39m	1974	Discus	Lindsay Coles	Dryden	31.16m	2015
Javelin	R. Smith	Hillcrest	37.66m	1987	Javelin	Grace Perkins	Hammarskjold	30.69m	2019

### Novice Boys (Formerly Midget and Grade 9)

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
100m	J. Gehl	Lakeview	11.40	1983	100m	Justin Grochowski	Churchill	11.60	2007
						Dylan Scocchia	St. Ignatius	11.68	2014
200m	M. Ede	St. Thomas Aquinas	23.60	1991	200m	Jon Potvin	St. Patrick	23.60	2003
						Justin Grochowski	Churchill	23.60	2007
						Dylan Scocchia	St. Ignatius	23.91	2015
400m	Sheldon Kilcullen	St. Ignatius	53.80	2000	400m	Hunter Campbell	Hammarskjold	53.19	2015
800m	G. Davies	F.W.C.I.	02:03.70	1986	800m	Nick Kondrat	Hammarskjold	02:05.30	2010
1500m	D. Currie	Hillcrest	04:14.80	1982	1500m	Nick Kondrat	Hammarskjold	04:15.30	2010
3000m	D. Currie	Hillcrest	09:17.40	1982	3000m	Nick Kondrat	Hammarskjold	09:34.60	2010
110m Hurdles	J. Morris	Lakeview	15.50	1985	110m Hurdles	Anthony Lombardo	St. Patrick	19.20	2003
4 X 100 Relay	A. Nelson	Hillcrest	48.30	1985	4 X 100 Relay		Hammarskjold	48.26	2014
	J. Saley								
	C. Roy								
	T. Woodward								
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
Long Jump	M. Ridley	St. Patrick	6.04m	1987	Long Jump	Thomas Walser	St. Ignatius	5.86m	2013
Triple Jump	D. Nadon	St. Patrick	12.33m	1990	Triple Jump	Robert Bortuzzo	St. Patrick	11.80m	2004
Pole Vault	E. Myllyaho	Hammarskjold	3.05m	1970	Pole Vault				
	J. Tom	Hammarskjold	3.05m	1972					
High Jump	D. Pradal	Westgate	1.87m	1991	High Jump	Jordan Popowich	F.W.C.I.	1.70m	2005
Shot Put	F. Jarvis	P.A.C.I.	15.89m	1961	Shot Put	Jarod Neniska	St. Thomas Aquinas	12.86m	2015
Discus	R. Logan	F.W.C.I.	43.67m	1993	Discus	Thomas Walser	St. Ignatius	42.36m	2013
Javelin	J. Niemi	Lakeview	50.55m	1986	Javelin	Dylan Gosselin-Archer	Geraldton	44.57m	2011

### Novice Girls (Formerly Midget and Grade 9)

Pre 2003 OFSAA Age Classification Change Era					Post 2003 OFSAA Age Classification Change Era				
Track Events					Track Events				
Event	Record Holder	School	Time	Year	Event	Record Holder	School	Time	Year
<del>100m</del>	<del>C. Ramchandur</del>	<del>Kenora</del>	<del>13.00</del>	<del>1986</del>	100m	Rachel Romu	St. Ignatius	12.50	2008
200m	V. McLean	St. Ignatius	26.90	1996	200m	Christiana Collins	St. Patrick	26.92	2018
400m	M. Lannon	F.W.C.I.	59.20	1986	400m	Amy Stieh	Hammarskjold	59.45	2016
800m	M. Lannon	F.W.C.I.	02:21.80	1986	800m	Amy Stieh	Hammarskjold	02:25.11	2016
<del>1500m</del>	<del>L. Castonguay</del>	<del>Hillcrest</del>	<del>04:59.10</del>	<del>1977</del>	1500m	Hanna Johnston	Hammarskjold	04:54.53	2014
3000m	L. Sanderson	Hillcrest	10:32.00	1983	3000m	Hanna Johnston	Hammarskjold	10:38.95	2014
80m Hurdles	D. Swiatlowski	Selkirk	13.10	1973	80m Hurdles				
	M. Dromiski	F.W.C.I.	13.10	1982					
100m Hurdles	J. Schiiler	Westgate	17.90	1994	100m Hurdles	Carly Tabor	F.W.C.I.	19.30	2003
4 X 100 Relay		Churchill	54.10	1984	4 X 100 Relay	Martha DiGiuseppe	St. Ignatius	54.20	2004
						Brittany Hill			
						Hope Fullum			
						Lisa Dziver			
					4 X 100 Relay	Heather Maxfield	St. Patrick	54.20	2007
				Marcy Costa					
				Jessica Baraskewich					
				Laura Commisso					
					4 X 100 Relay		St. Ignatius	54.21	2014
Field Events					Field Events				
Event	Record Holder	School	Distance	Year	Event	Record Holder	School	Distance	Year
<del>Long Jump</del>	<del>S. Hollowell</del>	<del>Lakewood</del>	<del>5.04m</del>	<del>1973</del>	Long Jump	Chrisitana Collins	St. Patrick	5.16m	2018
<del>Triple Jump</del>	<del>A. Walter</del>	<del>Westgate</del>	<del>10.09m</del>	<del>1995</del>	Triple Jump	Rachel Romu	St. Ignatius	11.30m	2008
High Jump	T. Anderson	Beaver Brae	1.60m	1990	High Jump	Annika Jozin	Michipicoten	1.60m	2018
Shot Put	K. Kinger	Beaver Brae	10.41m	1971	Shot Put	Maija Niemi	St. Ignatius	9.50m	2018
Discus	R. Smith	Hillcrest	33.59m	1986	Discus	Maija Niemi	St. Ignatius	28.16m	2018
Javelin	T. Slivinski	Hammarskjold	36.36m	1987	Javelin	Maija Niemi	St. Ignatius	32.52m	2018

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